

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am							
7-8am							
8-9am							
9-10am							
10-11am							
11am- Noon							
Noon- 1pm							
1-2pm							
2-3pm							
3-4pm							
4-5pm							
5-6pm							
6-7pm							
7-8pm							
8-9pm							
9-10pm							
10-11pm							
11pm- Midnight							

