

Time Management Worksheet

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00	Grooming, Breakfast	Breakfast, drive to school	Breakfast, drive to school	Breakfast, drive to school	Breakfast, drive to school	Breakfast, drive to school	Grooming, Breakfast
8:00	Open Study	MGA	MFM 1	Med Histo	FMHC 1	OPP 1	MGA study
9:00	Open Study	MGA	MFM 1	Med Histo	FMHC 1	OPP 1	Histo study
10:00	Open Study	OPP 1	EPC 1	EPC 1	MGA	FMHC 1	Meet with Study Group
11:00	Open Study	OPP 1	EPC 1	EPC 1	MGA	Med Histo	Meet with Study Group
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	MGA Study	FMHC 1	MGA	OPP 1	MFM 1	MGA study	Practice Questions
2:00	MFM Study	FMHC 1	MGA	OPP 1	MFM 1	MFM study	Practice Questions
3:00	Make Time Mgmt Schedule	Quick Review	FMHC 1	FMHC 1	EPC 1	Histo study	Practice Questions
4:00	Grocery, Laundry	Exercise	Exercise	Exercise	Exercise	Exercise	MFM Study
5:00	Grocery, Laundry	MGA Study	Quick Review	Quick Review	Quick Review	Quick Review	EPC/OPP/FMHC Study
6:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
7:00	MGA study	Histo study	MFM Study	Histo study	Histo study	EPC Study	Free time
8:00	Histo study	MFM study	MGA Study	MFM study	MFM study	OPP Study	Free time
9:00	MFM study	MGA Study	Practice Questions	MGA study	Practice Questions	FMHC Study	Free time
10:00	Preview	Preview	Preview	Preview	Preview	MFM Study	Free time
11:00	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed

Time allocated during the week, study 45-48 hours (combination of Preview, Quick Review, 48 hour Review, Basic Study Time, Practice Questions, meet with Study Group, Catch-up/Flex, attend Tutor session, going over hard/challenging topics)